

Pozhet and ACON's Women and Families Affected by HIV Project  
invite you to attend...

# WOMEN'S WELLNESS EVENT

## (our first for 2013)

**Time:** 11am – 2pm

**Date:** Saturday 27 April

**Venue:** Joseph Sargeant Community Centre,  
60 Prospect Street, Erskineville

We have a new format for our women's events!

- 11.00am** Welcome – Introductions / Tea & Coffee
- 11.15am** Peer Story. One of the women has offered to share their experience of living with HIV.
- 11.45am** Craft activity – We will be making our own earrings from a selection of beads. All equipment provided & you get to take home your creations!
- 12.30pm** Lunch & Presentation – While we all lunch on some delicious food, we will have a presentation and discussion about tips for managing health at different stages of life.
- 1.30pm** Group discussion & peer support.
- 2.00pm** Finish

All craft equipment, as well as lunch and light refreshments provided!

## We would love to see you all there!

For catering purposes, please RSVP by Friday 19 April.  
For more information and to RSVP please contact any of the following staff:

**Giverny@ ACON**  
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